

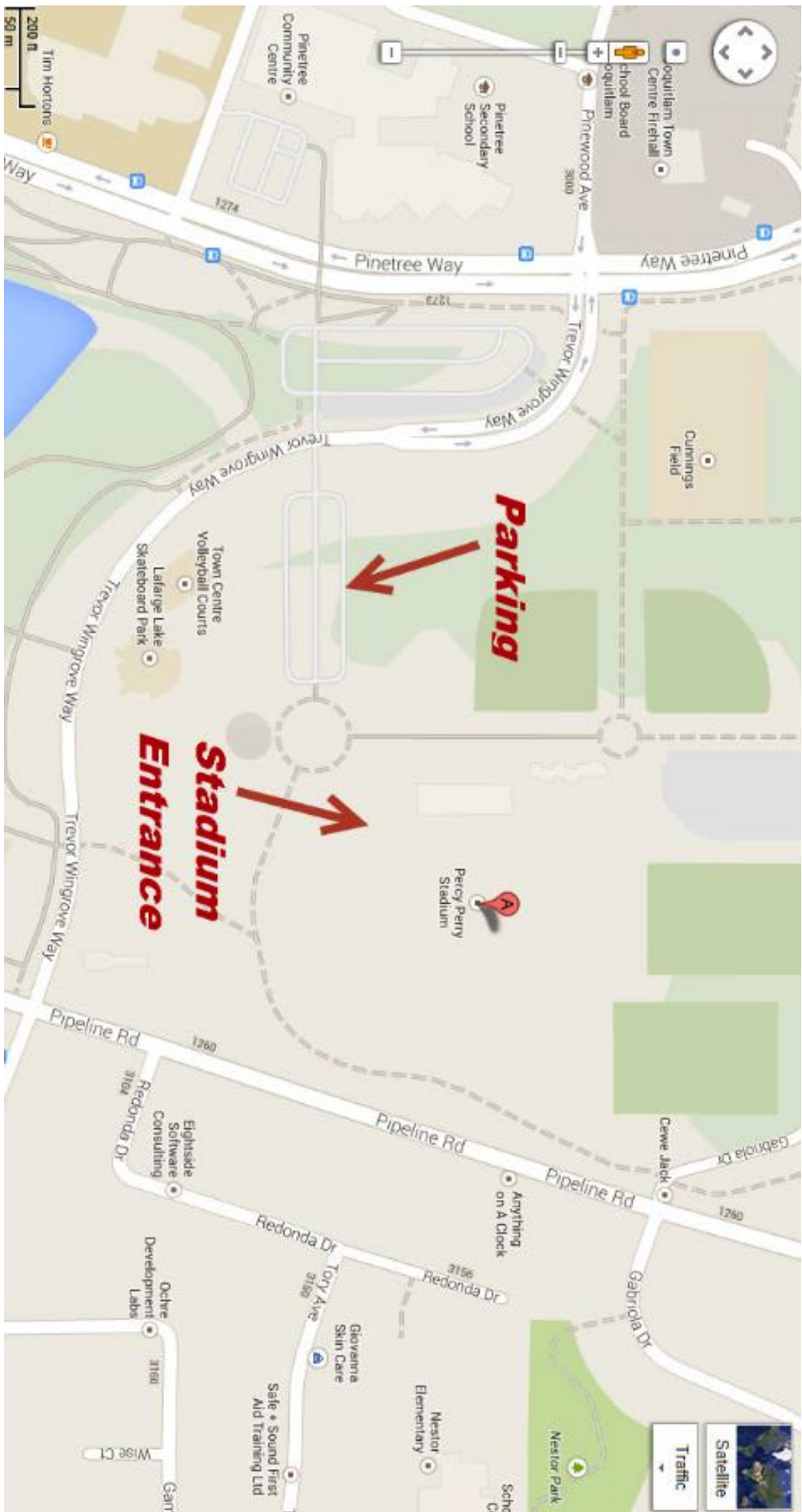


From: R. Botero, Supervisor

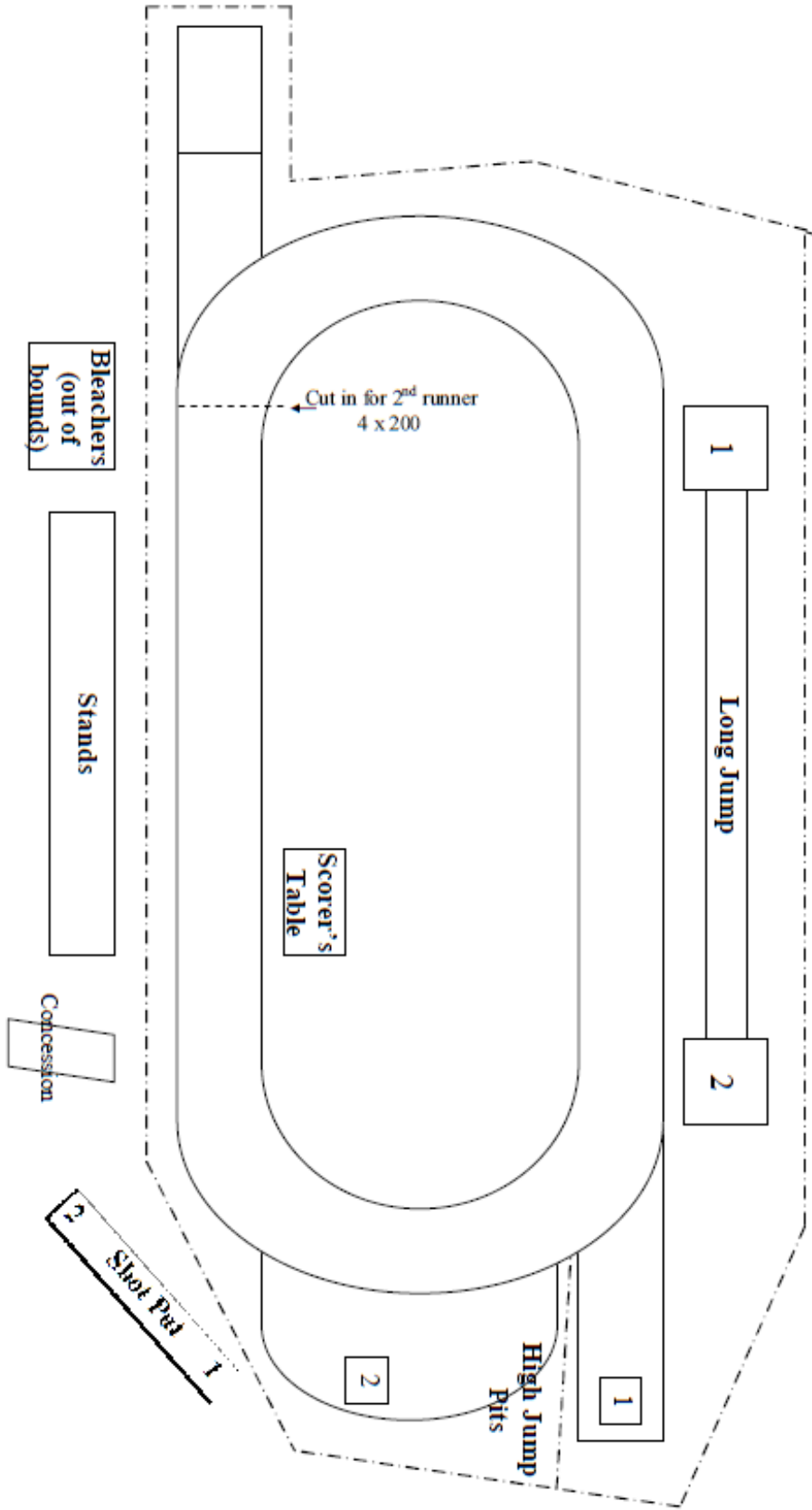
Dear Parents,

Following is important final information for the District Track Meet on Friday, May 26.

- Drop Off
- All Eagle Ridge athletes must be at Town Centre Stadium at 8:30 a.m., rain or shine.
  - Parents are responsible for ensuring that their child is at the stadium at 8:30 and has checked in with the Eagle Ridge coaches, unless the school has arranged a ride for your child.
- Pick Up
- Please do not take your child off the stadium grounds until their last event is over, as event times may change once the day is under way.
  - Parents are responsible for picking up their child at the stadium at 2:15pm or when their last event is over, unless you have made other arrangements with the school.
  - When you pick up your child at Town Centre Stadium, you must sign your child out with one of the Eagle Ridge coaches. Please note we must see the parent – we cannot release a child who says their parent is waiting in the parking lot.
- Parking
- Parking is free at all the lots around Town Centre Stadium on Track Meet day, except the lot closest to the pedestrian overpass by Douglas College.
- Food
- Each athlete should bring a **nutritious lunch** in a bag with their name clearly written on it. Please pack plenty to eat and drink as all the athletes will need to replenish the calories they will be burning off throughout the day. Please do not send glass containers or other valuables.
  - There is usually a concession stand on site but we prefer athletes bring a **packed nutritious lunch**. Teachers will not be responsible for holding money.
- Clothing
- Athletes should all wear gym strip including running shoes, shorts (no sweatpants or tearaways for events) and an Eagle Ridge Jersey while competing.
  - Cleats are **not allowed**.
  - Please watch the weather and have your child dress accordingly. We recommend a warm sweatshirt to be worn if it is cool and rain gear to be brought and worn, if necessary. If it is a hot, sunny day, (keep your fingers crossed!) please protect your child with a sun hat and a strong sunscreen.
  - Our team will be seated in a covered area of the stadium for viewing and waiting for student events.
  - After the track meet, please wash your child's Eagle Ridge jersey and then return it to school by Friday, June 2.
- Down time activities
- We encourage athletes to bring a reading book and/or puzzle book, as there is always waiting time between events. Athletes should not bring electronic devices or other valuables.
- Events Schedule
- Your child's event times were provided on the original track meet permission form. Event schedule information is also available on our school website: [www.sd43.bc.ca/school/eagleridge](http://www.sd43.bc.ca/school/eagleridge) .
- Stadium Map
- Please see maps on the back of this page for locations of events. Teacher coaches will help athletes throughout the day to get to their events.



**COOITLAM TOWN CENTRE (Percy Perry Stadium)**  
**FIELD LAYOUT FOR**  
**DISTRICT ELEMENTARY TRACK AND FIELD MEET**



Gate  
Washrooms

Gate

Pathway

Please use it to get to and from events